

## What's Next for You?

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- Most days are you doing what you want to be doing?
  - Do you think you will want to be doing that for the rest of your life?
  - Are you feeling restless?
  - Do you know you need a change?
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Ask yourself these questions from Rena Pederson's book, **What's Next**, to help you redirect your life.

- 1. Make an inventory of your accomplishments.**
- 2. List the dreams you have not fulfilled.**
- 3. What will it take to remove the roadblocks that keep you from accomplishing your dreams?**
- 4. Are you driving your life or is someone else?**
- 5. What wheels have you set in motion to transform your life?**
- 6. What's that small voice inside you telling you?**
- 7. What was your most life-giving experience at work today?**
- 8. What was your most life-draining experience at work today?**
- 9. Do you see failures and mistakes as shameful failures or learning opportunities?**